

QUARTER 3 ISSUE

SEAHORSE STANDARD

july 2010 — august 2010

a message from seahorse 6

Soldiers, Families and friends of the Seahorse Battalion,

This is our first newsletter since the battalion returned from Afghanistan and while we await the “Deuce’s” return. I am confident the Seahorse Standard will continue to be an informative and effective way to keep all of you connected with what is going on across the Seahorse Battalion and provide some insights into what lies ahead for us all.

I would like to start by expressing how honored Cheryl, Derek, Daniel and I feel being given the opportunity to join one of the finest Engineer Battalions in the United States Army. Since arriving, we have received an amazingly warm welcome to the battalion and Ft Knox by both past and present members of the unit and individuals throughout the local community. We feel exceptionally proud to say we are now part of the Seahorse Family.

Since returning from block leave the battalion has been focused on two primary things: 1. ensuring that everything is in place to provide the Soldiers and Families of the 502d Multi-Role Bridge Company with a warm and well organized reception and 2. Rapidly conduct Reset and Reconstitution activities which has included reintegration training for Soldiers, reestablishing accountability of equipment and reoccupying unit work areas. With many personnel new to the battalion, it can be challenging just figuring out how things were before deployment and now need to be. My expectation is our current focus will continue until the end of October. At that time the Army will expect us to begin preparing our Soldiers and equipment for whatever missions we may be called upon to execute around the world.

Out beyond October, the Battalion will focus on training for future missions while simultaneously supporting various organizations and activities on and around Ft Knox. As the Soldiers of 3rd Brigade, 1st Infantry Division prepare for and deploy to Afghanistan, and elements of the Armor School depart for Fort Benning, our Soldiers will be called upon more and more to ensure Ft Knox is ready to meet all of its requirements. Though this will

be challenging at times, I am confident we will be more than capable of meeting all requirements with the same level of professionalism and expertise that the Seahorse Battalion is known for.

Along with returning to “business as usual” in the battalion, I expect our Seahorse families will be settling back into busy routines as summer vacation ends and kids return to school on Ft Knox and in the surrounding communities. Studies of past redeployments have shown that many times problems and stresses begin to arise 90 or so days after Soldiers redeploy. As such, I would like to remind all members of the Seahorse Family that access to support agencies on Fort Knox continue well after the deployment ends. If issues begin to arise such as discipline, substance abuse, domestic violence, PTSD symptoms, or financial problems be sure to take advantage of the unit Chain of Command or other agencies across the installation in order to receive support that can prevent larger problems. If there are concerns about confidentiality, please remember that the Military Family Life Consultants (MFLC) are always available to talk completely independent of the Chain of Command. I am sure most of you will not experience these issues, but if there is someone you know that may need assistance, please help them reach out and get the assistance that is available. It is important to keep everyone on the team and in the fight.

In closing I would like to once again express how honored and excited my family and I are to be part of this great organization and community. We also look forward to meeting each and every one of you over the next few months and helping to carry on the Seahorse pride that makes being part of this battalion so special.

BRIDLE AND REINS, STAND TALL!!!



INSIDE THIS ISSUE	
CSM	2
HSC	3
FSC	4
15th	5
76th	6
72nd	7
Chaplain	7
FRG	8
Calendar	9



headquarters support company

A Message from the CSM

I am an American Soldier. I am a Warrior and a member of a team. I serve the people of the United States and live the Army Values.

I am proud to join the ranks of the great warriors of the Sea-horse Team. During my initial evaluation I have been very impressed with the professionalism of the Soldiers and family members of this great battalion. My wife Nadine and I look forward to spending time, learning and growing with the Soldiers and Family member of the Sea Horse Battalion.



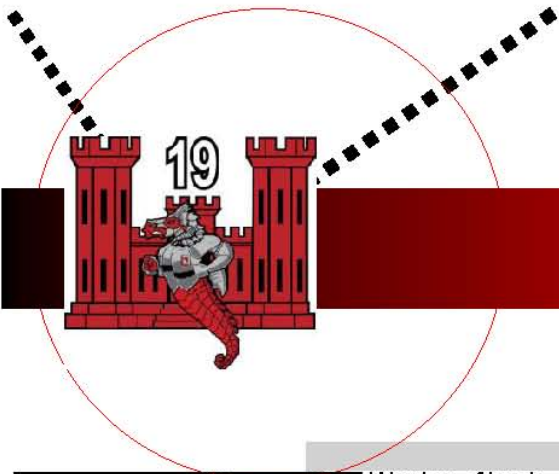
I am disciplined, physically and mentally tough, trained and proficient in my warrior tasks and drills. I always maintain my arms, my equipment and myself.

Our goal over the next couple of months is to become a well disciplined and trained unit. We will achieve this by strengthening ourselves physically, mentally and spiritually. The Army has recognized the importance of this and has implemented the Comprehensive Soldier Fitness program that focuses on these exact areas to make us stronger and more resilient. We will mirror the Army program to ensure our Soldiers and Families can grow and become stronger and more resilient in life.

I am a guardian of freedom and the American way of life.

In my parting words, always remember that in every situation there are some who will talk about doing something to make a difference and those who will actually do something to make a difference. I salute each and every member of the Sea Horse Family because you have chosen to make a difference by doing. No matter how bad the news may be on television or in the paper, America is proud and grateful for the sacrifices our Soldiers and families make each and every day to make a difference in this world.

STAND TALL, ESSAYONS, ARMY STRONG!



headquarters support company

IMPORANT DATES

**13 August:
WARRIOR FEAST
at Thorne Park**

Warriors, friends, and family of HHC, 19th Engineer Battalion, I am Captain Luke Haravitch, the commander of Headquarters Company. I just wanted to send a quick note to introduce myself and let you know about the company picnic on Friday, 13 August.

I was born and raised in upstate New York. My first duty station was Fort Bragg, NC. That's where I met my wife Kari. We like to travel, and since we have married we've seen Afghanistan, Iraq, Missouri, and now Fort Knox Kentucky. Kari is in the Army too, and right now she is the commander of the 15th Engineer Company.

Now for the fun stuff... You are all cordially invited to **Warrior Feast 2010!** This extravaganza of food and fun is sure to knock your socks off.

Who: Soldiers, Friends, and Family of HHC- please bring your kids!

What: Hotdogs, Hamburgers, Music, Games, Fun for all ages

When: Friday the 13th (don't let that scare you) of August at 1:00 PM

Where: Thorne Park (the big shady park on the right as you enter the main gate, strip map to follow)

Why: Hang out with old friends, meet new friends, and find volunteers to help establish and run the HHC Family Readiness Group (FRG)

Yeah- you knew there had to be a catch- we're looking for FRG volunteers. First Sergeant Gross and I would love to sit down and talk to any of you who would like to help out with the FRG. The positions we are hoping to fill are FRG Leader, Secretary, and Informal Funds manager (treasurer). Even if you are unable to fill one of these positions, we could use your help with future events, and we would love to hear any ideas you may have to keep our Warrior families informed, involved, and ready.

I look forward to seeing you there.

Warriors First!

CPT Luke Haravitch

1SG Jeremy Gross

warrior 6



chain of command

Commander:

CPT Luke Haravitch

First Sergeant:

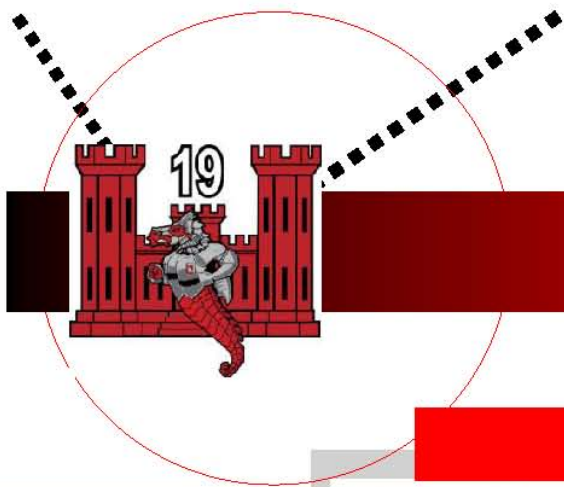
1SG Jeremy Gross

Executive Officer:

1LT Chris Disponett

warrior 7





forward support company

FSC monthly update...



FSC after completing their crazy hat PT

Big changes in big "D" and that doesn't stand for Dallas, we are talking about Distribution Platoon. Distro has acquired a new platoon leader, LT Banfield. The platoon has been actively involved in the reset process. From LBE draw to moving back into Hurley motor pool, all while continually training on low density MOS specific training. As we bid farewell to SGT CastiBlanco on her PCS to Korea, we welcome the birth of Prince Eli Brown. The platoon conducted a thorough LBE draw, BII issue, road testing,

and vehicle PMCS of all equipment under the support section of the 19th EN BN. Another hardworking week filled with pre inventory layouts, platoon communication training conducted by SGT Ballard, and SGT Lyons. The NCOs of the entire Distro platoon underwent range safety training while junior enlisted made certification updates for AT Level 1, PDHPA, and ADSO courses. Numerous donations of cans for the local community food drive helped to promote volunteer work within the Battalion. Bridle and Reins, Stand Tall!

The FSC Maintenance Platoon starts the month off with a new Platoon Leader - LT DeBoest. As we bid farewell to one of our own AC Mechanics, SPC Rose, we welcome a new wave of NCOs into our maintenance family: SFC Musser, SGT Murdoch, and SGT Coots. A big congratulation goes out to SGT McTiernan on the birth of his second child, weighing in at 8 lbs 11 oz, Keegan Mark McTiernan. Maintenance Platoon started off the 2nd week right with PRT familiarization training, commander's run motor pool clean up, and SFC Williams participating in the BOSS retreat at Cedar Point. On the 12th, the maintenance platoon conducted a thorough LBE draw, BII issue, road testing, and vehicle PMCS of all equipment under the support section of the 19th EN BN. Another hardworking week filled with connex layouts, tool box inventories, PLT commo training conducted by SPC Figueroa and PFC Joseph, a day in the life of a FSC maintainer is never done. The maintenance NCOs underwent range safety training while junior enlisted made certification updates for AT Level 1, PDHPA, and ADSO courses. Numerous donations of cans for the local community food drive helped to promote volunteer work within the Battalion. Moving up in the ranks is our newly promoted PLL clerk SPC Tate. Congratulations! Also, SPC Figueroa is the designated BOSS rep for the maintenance platoon. To the following soldiers enrolling into WLC in the coming month (SPC Hartman, SPC Mercier, SPC Baker, and SPC Figueroa): Keep up the hard work and Stand Tall!

chain of command

Commander:

CPT Mitch Bosch

First Sergeant:

1SG James Wedding

Executive Officer:

1LT Ray Zelenak

IMPORANT DATES

FSC

Change of Command from

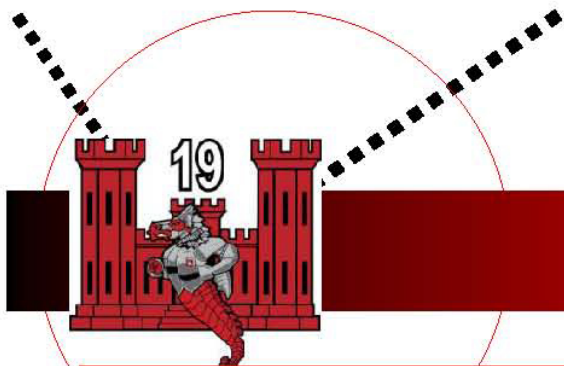
CPT Mitchell Bosch

to

CPT Robert Smith

10:00 AM

18AUG2010



15th engineering company

Team BLADE

Team Blade has been busy since the return from block leave! During the first week back, the company conducted a Change of Responsibility ceremony between 1SG Quillin and 1SG Eric Johnson, the battalion conducted the Change of Command between LTC Roscoe and LTC Ray and the company received a super-sized platoon worth of new Soldiers during the first week alone! Then, a little over two weeks later, the company conducted the Change of Command between CPT Robert Fairel and CPT Kari Haravitch. With the changes to the company leadership, 1SG Johnson and I are going to use this newsletter to give you highlights of our background...

Commander:

CPT Kari Haravitch is new to the 19th EN BN, joining the battalion upon their return from block leave. She came to the battalion from the 533rd EN DET (FEST-M) here on Fort Knox. Previous assignments include platoon leader and Company XO in the 27th EN BN at Fort Bragg, NC, with whom she served one tour in Afghanistan, and assistant operations officer in the 533rd EN DET (FEST-M), with whom she served one tour in Iraq. She is married to CPT Luke Haravitch, Company Commander of HHC, 19th EN BN. She holds a Bachelors of Science from USMA and Masters of Science from

Missouri S&T. Her military education includes Airborne, Air Assault and Jumpmaster Schools.

First Sergeant:

Before he joined the battalion in Afghanistan, 1SG Eric Johnson was the D Co, 1-46 IN BN First Sergeant. 1SG Johnson was born in Fayetteville, North Carolina and enlisted July, 1995 as a Light Construction Equipment Operator. Prior assignments include serving as a construction equipment operator in the 1st EN BN at Fort Riley, KS, Squad Leader in the USMA HHC Engineer Platoon at West Point, NY, Squad Leader in the 307th EN BN at Fort Bragg, NC. 1SG Johnson then moved to Fort Campbell, KY where he served as a Squad Leader in the 887th Light Equipment Company, completing one tour to Iraq, and Platoon Sergeant in the 4th Brigade Combat Team, completing a second tour to Iraq. After serving as a platoon sergeant for over three years, he was selected for Drill Sergeant duty at Fort Knox, KY.

1SG Johnson is married to his wife Sarah Johnson of 5 years.

His military education includes the Master Driver Course, Drill Sergeant School, Airborne School, Air Assault School, Rappel Master, Combatives, and the Sapper Leader Course.

1SG and I are proud to be a part of and lead the 15th Engineer Company and look forward to working with and getting to know everyone in the Blade and Seahorse Family. ~ Dig Deep!



IMPORTANT DATES

FRG Meeting: Child Youth Services (CYS) and Child Development Center (CDC)

- 17 August 2010

- 1800 (6 PM)

- Battalion Classroom

- RSVP to Sarah Johnson and Natalie Gable NLT 15AUG2010 at

if you can attend.

Friday, 20 August 2010 is a Training Holiday!

2-6 September is the Labor Day Weekend 4-day weekend.

Family PT

Thursday, 29 July was a busy day for the Blade family. We started the morning with family PT and drew quite a crowd for 0630! We executed standard Physical Readiness Training (PRT) exercises and drills complete with demonstrators and platoon sergeants making corrections on form. With the similarities



between the warm-up PRT exercises and pilates, I think some of the Blade spouses executed the exercises better than the Soldiers! I think the kids had the most fun. Some even came in the correct uniform—reflective belt and all! It was fun for me to watch Blade Soldiers try to execute the exercises while their children treated them as a jungle gym. We look forward to the next family PT day! The party transferred over to Keyes Park for the Company BBQ. WOW...what a turnout! Much time, energy and money went in to the amazing event and I think most everyone had a great time. Thanks for all the hard work from the Blade Soldiers for such an awesome BBQ. We picked a pretty warm day, so the dunk tank, water balloons and water hose were well appreciated. We had great participation in the dunk tank and SSG Govan and SSG Davis' dual-dunking antics provided the highlight for the event!

We set the standard pretty high with this BBQ...looking forward to the future Company happenings!!

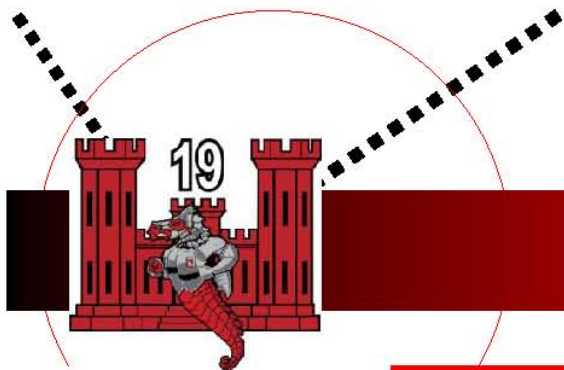


chain of command

Commander: CPT Kari Haravitch

First Sergeant: 1SG Eric Johnson

Executive Officer: 1LT Rob Davis



76th engineering company

hammer 6

IMPORANT DATES

UPCOMING 76th EVENTS

19AUG - Hammer Stakes

26AUG - FRG meeting at Olive Theater (1800)

The 76th Engineer Company is back in full swing of daily garrison operations. From PT every morning to Command Maintenance on Mondays to Oak Tree Counseling for each weekend. It has been a pretty smooth transition back into the garrison missions mainly because of the hard work and dedication of the Soldiers of the 76th Engineer Company.

In July the company received over 15 pieces of equipment to start training with. The draw of this equipment happened without a single safety accident. I was very impressed with how the company pulled together to help each other out and complete this mission. This is a great sign of things to come in this company.

Next month will bring some great challenges as we have our first Hammer Stakes. This will be a squad level competition to see who is the best in the 76th. Events include weapon familiarization, medical exams, construction exams and urban orienteering. It will be a great event for the Soldiers to show what they're made of.

Also in August we will be having an FRG meeting. The focus of this FRG meeting is to ask for volunteers. Right now we only have two people who have volunteered for a duty to help the FRG. We still need people to volunteer for an alternate funds custodian, and key-callers. These are very important jobs; without funds the company won't be able to have any holiday events this coming holiday season!

See you at the FRG meeting - CPT Riesel

hammer 7

The 76th Engineer Company is stronger than ever and moral is sky high. You may have noticed by now that this Company Leadership refuses to waste our Soldiers time by making them stay at work and not doing anything. This will continue cause a Soldier who can spend more time with their families or able to achieve their own goals and tasks is a happy, motivated Soldier.

The Soldiers made a outstanding effort in the helping hands food drive this month. They raised over 6200 cans to feed the hungry. The tremendous effort raised more cans than any other Company in the entire Battalion. The repel tower family fun day was a great success and thank you to all family members for showing up and supporting your Soldiers.

A couple of concerns that I have as we exit the honeymoon phase of the redeployment. One is Soldiers and family members may start to argue and that could lead to physical and domestic violence. We want to keep all our families and Soldiers in the fight so I encourage you, if you start having problems know that it is somewhat common. Please contact myself day or night anytime if you encounter problems. There will be no repercussions from anyone in the Chain of Command for seeking help with anything. Another concern is the FRG, we are lacking a big strong support group for the Company. We may possibly lose our money if we do not find a treasurer very soon. The next FRG meeting is in AUG at olive theater. We are looking for another event we can do with spouses, so please show up. Here's another question, would any spouses like to conduct P.T. with us once a month. We will vote at the next FRG meeting.

Thank you for all you do - 1SG Hunsaker

chain of command

Commander: CPT Riesel

First Sergeant: 1SG Hunsaker

Executive Officer: 1LT Byrne

1st PSG: SFC Hovermale

1st PLT: 2LT Brown

2nd PSG: SFC Mckinney

2nd PLT: 1LT Calloway

3rd PSG: SSG Morris

3rd PLT: 1LT Underhill

HQ PSG: SSG Stokes

MT PSG: SFC Walker

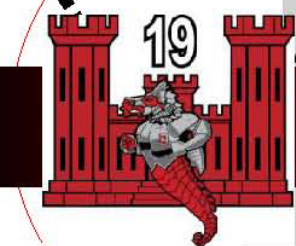


72nd survey and design detachment

During the month of July, the 72nd Survey and Design Detachment had several promotions, and went through several different blocks of training. PFC Jerome Roberts was promoted to SPC. Jason Lewis, Joel Denman, Luis Davila, Everado Aleman, and David Garvey, were all promoted to SPC. The training schedules were finished this month as well, and the Detachment did

some land navigation training. The detachment also went around Fort Knox and found benchmarks, which we will use later on when we start surveying here on post. Another training exercise the 72nd participated in was learning how to use a T-16, which is an older piece of survey equipment which we will need to know how to use in case our new and improved equipment decides

not to work. The 72nd also started doing the new PRT for Physical Training every morning, and also took a PT test on the 28th of July. Keep a look out for future training events and happenings within the Laser Detachment!



battalion chaplain

In July we had a blast with the singles at Cedar Point. We got dizzy on the roller coasters, fat on soda and ice cream, drenched in some of the water rides, and enlightened with good teaching. Each single learned which love language is most effective on them.

Our next event is for our married soldiers on September 10th thru the 12th. We will be learning the five love languages for couples. We will be eating a great meal at the Rivue restaurant and enjoying the great atmosphere of Louisville along the river.

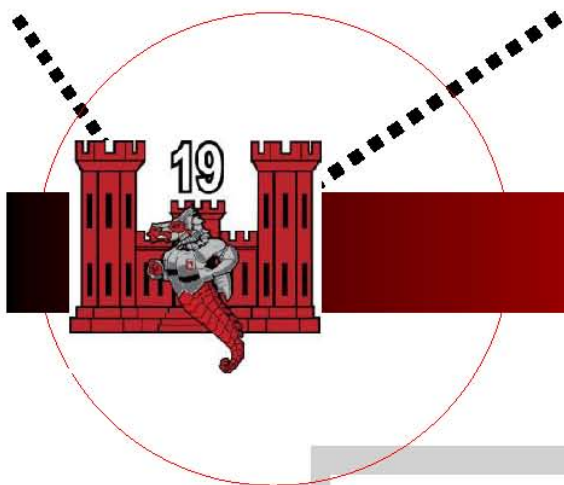
It is a pleasure to serve all of you in the 19th Engineer Battalion. In light of the Strong Bonds event coming up I want to leave you with this verse:

“A good name is to be chosen rather than great riches, loving favor rather than silver or gold.” (Proverbs 22:1). Let a character of peace and love dominate your actions.

I pray for you all daily. May God grant you peace and joy as you spend meaningful-quality time with your families.

Chaplain: CPT Peter McDonald

Chaplain's Asst: SPC Michael Raymond



battalion calendar

13AUG2010

HSC/538th Organization/FRG Day 1300, Keyes Park, Casual Dress
SEAHORSE TIME 1500

18AUG2010

FSC Change of Command, Thorne Park, 0900, Casual Dress

20AUG2010

Training Holiday

27AUG2010

SEAHORSE TIME 1500
19th EN Vietnam Veteran's Recognition Event, 1700, Radcliff Town Square

02SEP2010

502nd Welcome Home Connection

03SEP2010

Training Holiday (4-Day, LABOR DAY)

10SEP2010

502nd Welcome Home BBQ, 1300, Keyes Park, Casual Dress
SEAHORSE TIME 1500

Strong Bonds Marriage Retreat (SEP10-SEP12)

please call CHP McDonald for more information)

please talk to your soldiers to get more information about the events listed, and about events in the battalion that are not listed in the newsletter... *an informed spouse is the best spouse*****